

Packing List For Baby

Before we get into the checklist, here are a few items to consider before packing:

- Will your destination provide a crib for the baby to sleep in? If not, where will baby sleep (portable play yard, co-sleep)?
- Will there be a kitchen available to you at your destination?
- Does your traveling time run into bedtime? If so, bring some pajamas with you for baby to change into so you don't have to wake him later to prep him for bed.

This baby packing checklist has been split into categories for sleep, bathroom, clothing, feeding and carry on luggage. Depending on the age of your little one, some items may not be necessary. I've left a space after each section where you can make additional notes for yourself if required.

Sleep	
	1 pair of pajamas per night plus 1 extra
	2 soothers
	Comfort blanket or stuffed animal
	Small nightlight (one that projects an image on the ceiling is perfect for little ones used to having their mobile at home)
	Book for bedtime

Bathroom	
	Diapers (Only bring a small amount if you will have easy access to a store when you arrive at your destination. This can save a lot of room in your luggage.)
	Swim diapers if your child will be swimming
	Plastic bags for dirty diapers
	Wipes
	Diaper rash cream
	Baby nail clippers
	Thermometer (along with notes on high fevers and when a doctor visit is required)
	Baby soap (travel size)
	Baby lotion (travel size)
	Toothbrush & baby toothpaste

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Bathroom

	1 small favorite bath toy (for comfort)
	Sunblock lotion

Clothing

	1 pair of pants per day plus 2 extra (The amount of long pants required varies depending on the weather in your destination, but bring at least 2 in case of cold weather.)
	1 pair of shorts per day plus 2 extra (The amount of shorts required varies depending on the weather in your destination, but bring at least 2 in case of unexpected hot weather.)
	1 shirt per day plus 2 extra
	1 pair of socks per day plus 2 extra
	Shoes (running shoes or summer shoes depending on the weather)
	Hat
	Sunglasses
	Jacket (even if you think the weather will be warm, pack at least 1 light jacket)
	Any special outfit required for an event (for example, a cute little suit to wear to the wedding you are attending or a pretty dress to wear to the family reunion you are traveling to)
	Swimsuit

Feeding

	Bibs
	Snack bowls with lids
	A few favorite snack foods
	3 sippy cups
	Any special soap you use to clean baby's dishes

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Feeding

	Any accessories you need for nursing like a cover, pump, bottles, etc.)
	Quick wipes for soothers & sippy cups that fall on the ground
	Portable high chair or booster seat (not needed if you'll be eating at restaurants but would come in handy if you are on a long trip staying in a home without seating for a child)
	Sandwich baggies
	Small insulated lunch kit if you'll be packing and carrying around prepared food

Travel

	Car seat with manual
	Stroller
	Baby-wearing carrier

Carry On Bag

	Diapers
	Wipes
	Spare clothes
	Light blanket
	Comfort toy
	Soother or water to drink to help prevent popping ears
	Hand wipes
	Diaper cream (travel size)
	Sippy cup
	Health card & insurance information

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Carry On Bag	
	Passport
	List of immunizations
	List of allergies
	Doctor's contact information
	Bib
	Snacks
	Activities
	Change pad
	Bags for dirty diapers
	Baby spoon
	Camera
	Comfort toy or blanket
	Any medication (Tylenol, etc. If a prescription, be sure your child's name is on the prescription's bottle so you don't run into issues when carrying this through airport security)

Additional Notes	